

SID JACOBSON JCC'S COMMUNITY NEEDS BANK

30 WAYS IN 30 DAYS TO FILL THE BANK

IN HONOR OF NATIONAL HUNGER ACTION MONTH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 MAKE IT A SWEET YEAR! Drop off apples and honey to The Bank from 1-5pm	2 Donate to help cover the cost of a meal for a senior or family	3 NATIONAL FOOD BANK DAY BE A BANK BUDDY! Drop off items to The Bank from 1-5pm	4 GROCERY SHOPPING? Fill your cart with canned fruit and veggies for The Bank
5 LABOR DAY PLANS? Grab extra snacks for The Bank	6 LABOR DAY BREAKFAST ANYONE? Donate extra breakfast cereal and shelf-stable milk at CURB this Sunday, 9/12	7 ROSH HASHANAH SHANA TOVA Dip your apple in honey for a sweet year for you and neighbors in need	8 ROSH HASHANAH SHANA TOVA Discuss the impact of food insecurity at your holiday table	9 WHAT'S FOR DINNER? Drop off canned protein to The Bank from 1-5pm!	10 SHABBAT SHALOM! Make a donation to the Community Needs Bank Shabbat Fund	11 PATRIOT DAY Honor 9/11 Day of Service + Remembrance with an act of kindness
12 CURB YOUR MITZVAH Drive through from 10am-12pm and make donations to The Bank	13 GIVE THE GIFT OF LIFE Donate blood at SJCC from 1-7pm	14 REGISTER TO RUN/WALK AT OUR 5K ON 10/17 Support the Nancy Marx Cancer Wellness Center SJCC.ORG/5K	15 PREPARING TO FAST? Donate the value of your meals not eaten tomorrow	16 YOM KIPPUR REFLECT ON HUNGER Think about those who are hungry every day	17 SHABBAT SHALOM! Sign up to volunteer to deliver a Shabbat package to a senior	18 MOVIE NIGHT? Host a watch party of <i>Place at the Table</i>
19 AT THE STORE? Purchase extra personal care items for The Bank	20 Stop by The Bank from 1-5pm and put a shelf-stable item on the shelves	21 SUKKOT GIVE THANKS Reflect on the importance of shelter and housing	22 SUKKOT GIVE THANKS Invite neighbors to share a meal in your Sukkah	23 NEIGHBORS HELPING NEIGHBORS Set aside a winter coat to donate	24 SHABBAT SHALOM! Donate to adopt a food pantry in the community	25 SATURDAY NIGHT PLANS? Pick up a restaurant gift card to donate to The Bank
26 GIVE BACK Volunteer to host a pizza dinner for a local shelter	27 Join our volunteer team and register to become a driver!	28 SHEMINI ATZERET GATHER TOGETHER Educate friends about local hunger and homelessness	29 SIMCHAS TORAH CELEBRATE what you've learned and pledge to keep going	30 GET INVOLVED! Be a Bank Buddy and put non-perishable items on the shelves from 1-5pm	LEARN ABOUT SID JACOBSON JCC'S COMMUNITY NEEDS BANK AT SJCC.ORG/COMMUNITYNEEDSBANK	



SJCC.ORG

DROP OFF To schedule a donation drop-off for The Bank, email foodbank@sjcc.org

VOLUNTEER To register for a volunteer opportunity, visit sjcc.org/volunteer

DONATE To make a monetary donation, visit sjcc.org/thebank