



For Immediate Release

Save the Date for Sid Jacobson JCC's Stronger Than Cancer 5K

All proceeds raised benefit the Nancy Marx Cancer Wellness Center

East Hills, NY, September 5, 2019 – [Sid Jacobson JCC](http://SidJacobsonJCC.org) invites community members of all ages to walk, run, and cheer each other on at its 2019 Stronger Than Cancer 5K, taking place on Sunday, October 13, 9:30 a.m., at the JCC in East Hills. Participants can register now for the 5K at sjcc.org/5k.

"This event is one of the highlights of the year for the Nancy Marx Cancer Wellness Center," explains Randy Hight, Director of Nancy Marx Cancer Wellness Center, Sid Jacobson JCC. "The community joins together to support this amazing 5K. People young and old, families and friends come out to enjoy the festivities of the event and become aware of the cancer survivorship services we provide."

Last year's Stronger Than Cancer 5K was attended by more than 600 participants and raised \$110,000. The annual event benefits SJJCC's Nancy Marx Cancer Wellness Center (NMCWC) which provides much-needed programming, including exercise classes, discussion groups, counseling services, and more. Programs are open to those living with cancer throughout all stages of treatment and survivorship while helping participants feel active, resilient and empowered in body, mind, and spirit. Thanks to funding from the Stronger Than Cancer 5K and other events such as the JCC's annual Spin Event, most of these vital programs are free to participants.

SJJCC board member and 5K co-chair Harvey Marx, whose wife Nancy passed in November 2013, saw the need to support a cancer wellness center after his late wife sought emotional support services after her last round of chemotherapy and radiation. "A lot of well-deserved money is raised towards cancer research but programs such as the ones offered at NMCWC are just as crucial. Our programs help those with cancer find 'solid ground' again. These programs are open to all who want and need assistance and we will never turn anyone away for financial reasons," says Marx.

The race will begin on the grounds of Sid Jacobson JCC and travel through Country Estates. The \$20 entry fee includes a 5K t-shirt, food and refreshments, and race awards. The race will commence at 9:30 a.m. sharp and takes place rain or shine at 300 Forest Drive, East Hills, NY.

For more information about the Stronger Than Cancer 5K, to register, or to make a donation, visit sjcc.org/5k or contact Jaimee Molberger, Development Associate, at 516.484.1545 ext. 116 or jmolberger@sjcc.org.

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About Sid Jacobson JCC

Sid Jacobson JCC (sjcc.org), in East Hills, and its surrounding campus, the Bernice Jacobson Day School and Camp (bjdsc.org), in Old Westbury, provide a full range of cutting-edge recreational, health, fitness, educational, cultural arts and social service programs. SJJCC promotes Jewish identity and provides a comprehensive program based on Jewish values, traditions, heritage, and culture, and is committed to enriching the lives of all individuals and families in its community. SJJCC embraces all individuals and families, and values diversity. See community differently, "Like" the JCC on Facebook (facebook.com/sidjacobsonjcc).

Sid Jacobson JCC is a beneficiary agency of the UJA Federation of New York.

For more information, contact:

Trisha Lombardo

516.484.1545 ext. 130

TrLombardo@sjcc.org