



For Immediate Release

Sid Jacobson JCC's New A.C.T. for Recovery Program Supports Those Facing the Challenge of Addiction

East Hills, NY, February 7, 2019 – [Sid Jacobson JCC](#) has successfully received funding to launch the A.C.T. for Recovery (Aftercare Community Transition) Program, which seeks to support and assist individuals who are on the path to recovery from addiction, as well as their respective families. The program will be led by the JCC's newly hired licensed clinical social worker and certified addiction specialist, Cindy Leinwand, LCSW, CASAC. Services will include: individual/ family counseling, support groups, spiritual support, vocational coaching, and social/recreational opportunities to support health and wellness.

"In response to the current opioid crisis and ongoing challenges of addiction within the Jewish community, Sid Jacobson JCC found it imperative to develop an aftercare recovery program," says Michelle Laser, LCSW, Director of Social Services, Sid Jacobson JCC. "A.C.T. provides a community safety net for those seeking to re-engage in healthy living, vocational productivity, and spiritual wholeness."

Cindy Leinwand, LCSW, CASAC, is the A.C.T. for Recovery Program's Addiction Specialist Social Worker. Leinwand's expertise in the field of addiction, as well as providing direct clinical addiction services both agency-based and in private practice made Leinwand the perfect candidate for this position. "Addiction doesn't discriminate," notes Leinwand. "The opioid crisis is impacting families across a range of socioeconomic and religious communities."

SJJCC also hosts monthly NERA *LI* (Northeast Recovery Alliance Long Island) support groups for Concerned Persons, special events to educate those impacted by substance abuse, and offers opportunities for health and wellness, career services, and more, to provide support, education and growth opportunities to those facing addiction challenges.

To learn more about the A.C.T. for Recovery Program and other support programs offered by SJJCC, please visit sjcc.org/supportgroups or contact Cindy Leinwand, Addiction Specialist at Sid Jacobson JCC, 516.484.1545 ext. 211 or cleinwand@sjcc.org and Michelle Laser, Director of Social Services at Sid Jacobson JCC, 516.484.1545 ext. 200 or mlaser@sjcc.org.

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About Sid Jacobson JCC

Sid Jacobson JCC (sjcc.org), in East Hills, and its surrounding campus, the Bernice Jacobson Day School and Camp (bjdsc.org), in Old Westbury, provide a full range of cutting-edge recreational, health, fitness, educational, cultural arts and social service programs. SJJCC promotes Jewish identity and provides a comprehensive program based on Jewish values, traditions, heritage, and culture, and is committed to enriching the lives of all individuals and families in its community. SJJCC embraces all individuals and families, and values diversity. See community differently, "Like" the JCC on Facebook (facebook.com/sidjacobsonjcc).

Sid Jacobson JCC is a beneficiary agency of the UJA Federation of New York.

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