

PHYSICIAN'S CLEARANCE

DATE: _____

PATIENT/CLIENT'S NAME _____ DATE OF BIRTH _____

DATE OF LAST PHYSICAL EXAMINATION _____

DIAGNOSIS _____

UNDERGOING TREATMENT _____

COMPLETED TREATMENT _____

LIMITATION/RECOMMENDATIONS REGARDING PARTICIPATION IN A PHYSICAL ACTIVITY PROGRAM:

PHYSICIAN'S SIGNATURE _____ DATE _____

PHYSICIAN'S NAME (PLEASE PRINT) _____

ADDRESS _____

PHONE _____ EMAIL _____

OFFICE MANAGER CONTACT INFORMATION _____

Please hand to your patient or FAX to Randy Hight, LCSW,OSW-C at 516.484.7354