

GYMNASIUM OPEN GYM SCHEDULES • FALL 2018

EARLYBIRD CAPITAL GYMNASIUM (*Large Gym*)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7-10am Open Gym	6-9am Open Gym	6-9am Open Gym	6-9am Open Gym	6-9am Open Gym	6-9am Open Gym	7:30-9:30am Pickleball
1-5:30pm Open Gym	5-8pm Open Gym	5-8pm Open Gym	5-10pm Open Gym	5-10pm Open Gym		9:45am-8pm Open Gym
5:30-7:30pm Pickleball						

ROSENMAN FAMILY GYMNASIUM (*Small Gym, under 12 years*)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7-9:30am Call for Availability	6-9:30am Open Gym	6am-1:30pm Open Gym	6-9:30am Open Gym	6am-1:30pm Open Gym	6am-1:30pm Open Gym	7-9:30am Open Gym
5-8pm Open Gym	10:30am-1:30pm Open Gym	5-7pm Open Gym	10:30am-1:30pm Open Gym	5-8pm Open Gym		11:30am-4pm Open Gym
	8-10pm Open Gym	9-10pm Open Gym	5-7pm Open Gym			

Gyms may be closed for various events. Visit or call the Fitness Welcome Desk at 516.484.1545, ext 139 *OR* check for signs on the gym door.



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